

*Instructor Outline*  
**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**

Last modified 03 December, 2011

**Attention Range Master:**

This curriculum is designed for safety, logistics, and most importantly, benefit to the student. Follow it exactly. If you find errors or have suggestions for improvement, please talk to the Operations Manager. As this document is the copyrighted property of Front Sight, please return it to the Operations Manager at the conclusion of the course. The schedule established in this curriculum is designed to guide the pace of the course using two relays.

If you are running ahead of schedule, follow the sequence below:

- Evaluate the reason why.
  - Do you have only one relay?
  - Are you shortening your lectures?
  - Have you missed something?
- Repeat exercises already covered (dry and live).
  - Student gains the advantage of being even better at skills already covered.
  - We expect the small classes to turn out disproportionately high numbers of DG's.
- Move ahead in the curriculum.
  - There is absolutely no need to move ahead if your students are not performing well.
- Propose additional material to the Operations Manager
  - He will guide you on what to add.

If you are behind schedule, follow the sequence below:

- Contact the Operations Manager immediately. He will make the decision on the remedy.
- Evaluate the reason why you are behind, correct it if possible, and stay on schedule.

*Instructor Outline*  
**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**  
**Student Coach Format**

**DAY ONE**

- 6:45 – 8:00 Sign In and Weapon Inspection
- 8:00 – 8:30 Brad’s Welcome, Sign Releases
- 8:30 – 8:45 Break and travel time to ranges.
- 8:45 – 8:50 Roll Call at the range
- Roll call as students arrive at range
  - Divide relays, team up now with a “shooting buddy.” Simply stand behind your partner, staff will balance the relays.
- 8:50 **Rangemaster Introduction to Class**
- 8:50 – 9:10 **Lecture/Demo:** Introduction
- Front Sight Philosophy
  - Shooting Demonstration
  - Instructor Introductions
  - Four Safety Rules
  - Range Safety
    - 3 places for your weapon
    - Don’t bend over on the line until given the proper command
    - Leaving the line
    - Hot Brass
    - Malfunctions
    - Safety Equipment
    - Cold Range vs. Hot Range
    - All in charge of safety
  - Range Commands
    - Range is clear
    - Dry Practice Drill
    - Firing Drill
    - Unload
    - Once holstered, stay on the line, hands to your sides, turn and face me.
    - STOP!
  - Definitions
    - Frame and slide

- Stocks vs. Grips
- Magazines vs. Clips
- Firing side and Support Side
- Indexing magazines and speed loaders
- Reference Point for trigger finger, home base

9:10 – 9:20 **Lecture/Demo:** How to Coach

- General discussion about coaching
  - Remember, the philosophy of “Why the Student-Coach Format” was addressed in the classroom
  - Two roles: shooter and coach
  - Role of the Coach is primarily to enforce the Four Safety Rules
  - Beyond safety, we will guide you on what to watch for
  - If you need to leave the line, go ahead. You are not a prisoner! Just let your shooting partner know you are leaving.
- How to communicate with your Shooting Partner
  - Verbal communication
    - Speak only loud enough to get your information across. Don’t dominate the entire line.
    - Be clear on your corrections
    - Sometimes less is more
    - “Stop” command if needed
    - Introduce “red gun” and DEMO a verbal correction
  - Physical communication
    - Use when there is a lot of noise
    - Get agreement or permission before touching
    - Be gentle
    - DEMO
- How to Coach
  - Stand on firing side for most activities DEMO
  - Stand 2 – 3 feet behind your shooter, near enough to touch if necessary.
  - Keep your hands available in case you need to assist your partner. Don’t bury your hands in your pockets.
  - Watch for safety first, techniques second
  - When a given exercise is complete, stand back from your shooter 6 – 6 feet so we can see the entire line.
  - Be friendly, keep it fun!
  - DEMO

9:20 – 9:40 **Dry Practice:** How to Coach

- Both relays on the dry practice line
- Students on the line with red guns, coaches on their firing side
- Walk through the following exercises, each explained and executed on the “Go” command:

- Command to Shooter with Red Gun: Finger on trigger
  - Action for Student Coach: Call your student by name, tell them “Finger off trigger at the ready.”
- Command to Shooter with Red Gun: Turn to the right with the red gun.
  - Action for Student Coach: “Stop” and block the turn if needed. Tell them what they did.
- Command to Shooter with Red Gun: Turn to the left
  - Action for Student Coach: “Stop” and block the turn if needed. Tell them what they did.
- Command to Shooter with Red Gun: Try to turn all the way around, your choice of directions.
  - Action for Student Coach: “Stop” and block if needed. Tell them what they did.
- Command to Shooter with Red Gun: Put your support hand in front of the muzzle.
  - Action for Student Coach: “Stop” and tell them what they did.
- Command to Shooter with Red Gun: Cover some part of your body with the muzzle.
  - Action for Student Coach: “Stop” and tell them what they did.
- Command to Shooter with Red Gun: Attempt to bend over.
  - Action for Student Coach: “Stop” and block if needed, tell them what they did.
- Command to Shooter with Red Gun: Switch hands with the red gun.
  - Action for Student Coach: “Stop” and block if needed, tell them what they did.
- Command to Shooter with Red Gun: Do the silliest thing you can think of.
  - Action for Student Coach: Don’t let them violate a safety rule. Use “stop” if needed, block as needed, tell them what they did.

9:40 – 9:55 **Lecture/Demo:** Chamber Checking and Magazine Checking

- Teach PRIMARY METHOD ONLY! Alternate methods of Chamber Check may be taught on the line when coaching and only if students are having trouble with the Primary method. Alternate methods are “wedge” method and support hand over rear of slide.
- Magazine check is part of chamber check procedure
- Method for revolvers if present
- Instructor lecture and demonstration of proper presentation and holstering to prevent covering hand with muzzle or negligent discharge of weapon in holster by finger on trigger, or shirt caught in trigger guard and holster.

**Instructors Watch For:**

- **Prior to Range Beginning Exercise:**
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Muzzle in safe direction
  - Trigger finger straight
  - Weapon in close for dexterity
  - Trigger finger drifts away from frame
  - Support hand grasps midway between muzzle and ejection port
  - Pads of fingers and thumb on slide, pointed up
  - Run slide back ¼"
  - Close slide
  - Safety on or de-cock as required
  - Magazine into support hand if present, or insert finger into magazine well.
  - Inspect magazine
  - Reinsert at a slight angle and rock in place firmly
- **At Completion of Exercise:**
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Weapon completely holstered before turning around

9:55 – 10:10 **Dry Practice:** Chamber Check and Magazine Check

10:10 – 10:20 **Lecture/Demo:** Loading and Unloading

- Loading
  - From the ready
  - “Range is clear, firing drill!”
  - Begins and ends with a chamber check and magazine check
  - Chamber check, safety on or de-cock, magazine check
  - Index and insert a magazine into the magazine well at a slight angle, rock forward, and briskly insert
  - Grasp the slide on the cocking serrations, rack briskly to the rear, let support hand come off gun and continue toward firing side shoulder
  - Finish with a chamber check and magazine check: Chamber check, safety on or de-cock, magazine check
- Unloading
  - “Unload”
  - Begins and ends with a chamber check and magazine check
  - Chamber check, safety on or de-cock, magazine check
  - Put magazine in pocket
  - For a C cup with support side hand over ejection port
  - Rotate gun 90° to the right, elevate support side elbow

- Gently retract slide and remove round from chamber. **Do not fight the gun if the round does not immediately come out.**
- Bring the round back to your body, across your body, put it in a pocket
- Finish with a chamber check, safety on or de-cock, magazine check
- Left Handed
  - Demo left handed method
- Method for revolvers if present
- Demo of how to load magazines, load at least one round down except for 1911's.
- Demo of how to load speed loaders

#### **Instructors Watch For:**

- **Prior to Range Beginning Exercise:**
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Trigger finger straight
  - Starts and ends with a chamber check and magazine check
  - Grasp slide behind ejection port
  - Don't get in front of muzzle
  - Turn weapon to right when unloading to catch round
  - Safety on or de-cock as required
- **At Completion of Exercise:**
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Weapon completely holstered before turning around

10:20 – 10:35 **Dry Practice:** Loading and Unloading

10:35 – 10:45 **Lecture/Demo:** Grip, Stance, and Ready

- Grip
  - Firing side hand high on tang of weapon
  - Muzzle in line with forearm
  - Firing thumb and support thumb position
  - Support hand position
  - Tactile place on weapon for trigger finger outside of trigger guard
  - Relax thumbs, slightly crossed, support side thumb over firing side thumb.
- Stance
  - 30 – 35 degrees
  - Feet, hips, shoulders in one plane
  - Firing side arm nearly straight
  - Support side elbow down to ground

- Head erect
- Push-pull isometric tension
- Benefits of Weaver
  - Superior recoil control with push-pull, isometric tension of upper torso and arms
  - Relax thumbs for better trigger control
  - Transitions well to long guns and braced kneeling position
- Ready Position
  - Correct stance but muzzles depressed to 45 degree angle
  - Maintain isometric tension
  - Trigger finger straight
  - Pivot at shoulders from pointed in to ready
- Grip Pressure
  - Already talked about what a proper grip **LOOKS** like
  - Now let's talk about what a proper grip **FEELS** like.
  - No "Death Grip"

#### **Instructors Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Firing grip high on tang of pistol
  - Support elbow pointed at ground
  - Good isometric tension
  - Thumbs stacked properly, hands in contact with back of stocks
  - Trigger finger on trigger when pointed in
  - Trigger finger straight at ready
  - Coaches check and test (push on front of hands, not muzzle)
  - Maintain isometric tension at ready
  - Safety on or de-cock as required when transitioning from pointed in to ready
- **At Completion of Exercise:**
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Weapon completely holstered before turning around

10:45 – 11:00 **Dry Practice:** Grip, Stance, and Ready

- Make sure students are in proper Weaver stance, bladed at 30 – 35 degrees, feet parallel, even across the toes, slight bend forward at the waist, weight even between the feet, and on the balls of the feet
- Support hand to midsection, present to ready
- Point in, staff check proper stance
- Staff check proper isometric tension by placing their hands on top of shooter's hands and delivering push-pull just as demonstrated
- Staff check overall stance by pushing against hands/frame to simulate recoil and muzzle flip (tapping against hands)
- Alternate pointed in and ready positions 5 times
- Coaches to verify that trigger finger is off trigger at the ready, or on trigger when pointed in, as per RM's commands
- Switch relays

11:00 – 11:10 **Lecture/Demo:** Three Secrets

- Sight Alignment
  - Use sight alignment props to demonstrate both correct and incorrect sight alignment.
- Sight Picture
  - Hold sights center of mass
    - Demonstrate proper sight picture using metal target and sight props
  - Must focus 100% on front sight
  - Close support side eye
- Dominant Eye
  - Test all student simultaneously by having them make a hole with their hands, look at target with both eyes open, then bring their hands back to their face. The eye they are looking through is their dominant eye.
  - Identify any cross-dominant students
    - Give them the option of closing their support side eye anyway, or of turning their head (while keeping it erect and level) and closing their firing side eye.
- Interactive Demo
  - Students hold up thumb
  - Focus on thumb to simulate front sight
  - Close support side eye
  - Tract the instructor as they move
  - Students will be able to see adversary even if focused 100% on front sight
- Trigger Control
  - Finger placement, SA's across pad, DA's across first joint
  - Slack out
  - Surprise break



- Hold trigger to the rear
- Reset only to the click
- Don't let trigger finger fly forward and off trigger
- Revolvers and first shot for traditional DA/SA semi-autos
  - One sight picture, smooth even press
- Second shot for DA/SA's
  - Additional slack out

#### 11:10 – 11:20 **Lecture/Demo:** Diagnostic Trigger Drills

- History: USMC (1930's), LAPD (1980's)
- Goal: engrain and test mastery of 3 secrets
- 6 total, we will do two now
- Instructors will run you through the following exercise

#### **Diagnostic Trigger Drills For New Students**

- From Student's Firing Side:
  - Instructor issues commands to have student present weapon and load it properly, verifying and correcting techniques as the student performs the manipulations. (RM has discretion to make staff load/unload guns to save time)
  - Instructor then takes student's gun and fires *one perfect shot to the center of the thoracic cavity*. This demonstrates to the student that the weapon is sighted properly, is accurate, and the proper aiming point on the target.
  - Instructor tells the student to point in at the target and to acquire proper sight alignment and sight picture. Cap the rear sight and ask the student what he sees. The response should be "equal light on each side of the front sight and a barely visible sliver of sight at the top of the front sight."
  - Instruct student to keep proper sight alignment and instructor places his finger on the trigger and presses the trigger. Repeat for 2 – 3 shots to verify proper sight alignment and sight picture. Ask student if they knew when the gun would be fired. They should answer "no." Explain that what the student felt was a surprise break and that is what they should feel every time.
  - Instructor places his finger on top of student's finger while student relaxes and feels the instructor pressing the trigger through a surprise break. Hold the trigger to the rear, then reset as student listens for and feels the trigger reset.
- From the student's support side:
  - Have the student shoot one round, hold trigger to the rear, reset trigger and shoot again. Continue until the student exhibits proper trigger control and gets good hits. Correct hand position and stance as necessary throughout the drill.

### **Diagnostic Trigger Drills for Return Students**

- Simply have the student present their weapon, load it properly, and fire a perfect, slow controlled pair to the center of the thoracic cavity. If the hits are well-placed and they used proper trigger control, they are done. If the hits are poor, or if they do not use proper trigger control, run them through the whole exercise as if they were a new student.

#### 11:20 – 12:05 7m **Firing Drill:** Diagnostic Trigger Drills

- Perform Diagnostic Trigger Drills thoroughly with each student
- Do not rush the exercise
- You have plenty of time to make sure each student gets adequate attention so they receive the maximum benefit from this drill

#### 12:05 – 12:10 **Lecture/Demo:** Trigger Reset Drill

- Follow the RM's commands
- Present from the ready to the target
- Press one shot to the center of the thoracic cavity and trap the trigger to the rear
- Instructors (or coaches at RM discretion) will verify triggers are trapped to the rear by pressing on student's finger
- Reset triggers just until they click
- Press one more shot, trap the trigger to the rear
- Check that students have trapped the triggers again
- Reset
- Trigger finger straight
- Down to the ready
- Coaches should verify the shooter's trigger finger is straight when at the ready
- Range commands:
  - Point in
  - Hard focus on the front sight
  - Press
  - Reset
  - Press
  - Reset
  - Finger straight!
  - Down to the ready
  - Coaches verify your shooter's finger is off the trigger

#### **Instructors Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**

- Check triggers to verify they are trapped
- Verify proper reset
- Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Weapon completely holstered before turning around

12:10 – 12:25 7m **Firing Drill:** Trigger Reset Drill

- Three times on the command of the RM
- Twice on a “fire” command
- Total of five pairs
- Coaches to verify finger is off the trigger at the ready

12:25 – 12:30 **Closing Comments**

- Boredom vs. Overwhelm
- If feeling overwhelmed, don’t worry
- Emphasize that these fundamentals are what we will be working on the next few days
- If feeling underwhelmed, don’t worry. Building foundation that will allow all of you to improve significantly over the next four days
- Emphasize that the firing line is the only place the weapon is out of its holster.
- At 12:15 in the classroom we will be showing Part 1 of the DVD **Front Sight Story, Chapter One: Your Legacy.**
- Students new to Front Sight will be in the classroom immediately following lunch for the lecture: **Color Code of Mental Awareness.**
- Returning HANDGUN students, or returning students who may be new to handgun have heard the lectures within the last six months are welcome on ranges \_\_\_\_\_ at 1:00 for additional supervised practice.
- Students attending CCW MUST attend the lecture even if they have heard it before.
- Students who purchased boxed lunches may pick them up at \_\_\_\_\_.
- Students released for lunch and instructed to be in the classroom at 12:15 sharp.
- Students should be aware of the front gate schedule: Closes at 8:30 a.m., opens at 12:00 p.m., closes at 2:00 p.m., opens at 5:00 p.m.
- Clear for the break

12:30 – 1:30 **Lunch (12:45 video presentation: Front Sight Story, Chapter One: Your Legacy)**

1:30 – 2:00 **Classroom Lecture: Color Code of Mental Awareness**

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2:00 – 2:15 Break and travel time to ranges

2:15 – 2:25 **Lecture/Demo:** Presentation and Sequence of Shooting from the Holster

1. Grip: Firing hand grips weapon as support hand touches midsection. Holster retention devices released. Solid grip established on weapon. Trigger finger alongside of holster. No extraneous body movement.
2. Clear: Weapon is lifted straight up out of the holster until the muzzle clears the holster. Trigger finger is along the side of the frame at the reference point, 1911's safety is still on.
3. Close contact: Elbow drops, shoulder rotates and weapon finds close contact position. Trigger finger still straight, safeties still on.
4. Support hand meets the firing hand just in front of the sternum. Trigger finger straight alongside of frame, 1911's safety comes off when hands meet.
5. Isometric tension is applied as ready or point position is developed. Trigger finger remains at the reference point when at the ready, and is on the trigger when pointed in.

#### **Holstering From the Ready**

- Safety on or de-cock
- Both hands bring the gun back toward the body
- The hands separate at the body, support hand remains on the midsection
- Close contact position and pause
- Rotate the gun into count two, slowly lower weapon toward holster. The muzzle finds the holster and the gun is eased into the holster without looking.
- Retention devices fastened
- If you encounter any resistance while reholstering, do not force it. Present back to the ready, fix the problem, and begin again.
- Do not cover your support hand while reholstering.

#### **Sequence of Shooting:**

- Both eyes open and looking at your adversary
- As you present your weapon to your line of sight, safety off on 1911's at count 4 and the finger finds the trigger as you see your sights in peripheral vision.
- Slack out
- Align sights
- Close support side eye
- Focus on the front sight
- Press the trigger until you achieve a surprise break
- Reset only until the click
- Press until you get another surprise break
- Reset
- Eyes open, finger straight

- Follow adversary down to the ready
- For Dry Practice, you will only get one press and then manually reset your trigger at the ready.

### **Instructors Watch For:**

- **Prior to Range Beginning Exercise:**
  - Instructors will be out in front of students for count 1 only!
  - Feet, hips, and shoulders bladed at 30 – 35 degrees
  - No students in front of the line!
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Smooth presentation
  - Good firing grip at count 1
  - Elbows in tight to the body
  - No extra body movement
  - Finger straight through count 4
  - Presentation is smooth and straight toward the target
  - Finger on trigger only as count 5 is approached
  - Close eye and focus on the front sight
  - Gently press trigger until you get a surprise break
  - Finger straight
  - Come down to the ready and manually reset your actions
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Safety on or de-cock
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at close contact
  - Weapon completely holstered before turning around

2:25 – 2:45 **Dry Practice:** Presentation and Sequence of Shooting From the Holster

- No concealment, get jackets out of the way
- Practice presenting alternately to the ready and to the target
- No AADs yet
- Coaches to verify that trigger finger is off the trigger at the ready

2:45 – 2:55 **5m Firing Drill**

- Controlled pairs from the ready
- Present to ready
- Shoot 4 pairs from the ready
- No AADs yet
- Unload at end of drill

### **Instructors Watch For:**

- **Prior to Range Beginning Exercise:**

- Feet and shoulders bladed at 30 – 35 degrees
- Eyes and ears
- Support hand on stomach prior to presenting
- **During Exercise:**
  - Smooth presentation to the ready
  - Briskly present from ready to target
  - Gently press trigger for a perfect controlled pair
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

**Note: Instructors hang one target for upcoming demo at conclusion of drill.**

2:55 – 3:10 **Lecture/Demo:** Speed, Power, and Accuracy, Front Sight Target, Reading the Target

- Define speed, power, and accuracy
- Goal is to balance speed and accuracy
- Front Sight target history
- Accuracy criteria
- Speed criteria
- Reading the target
- Remind class that all info is available in the Dry Practice Guides

Shooting Demonstration:

- Controlled pair too slow
- Controlled pair at proper balance of speed and accuracy
- Controlled pair too fast
- Controlled pair at proper balance of speed and accuracy

3:10 – 3:25 3m **Firing Drill**

- Controlled pairs from the ready
- Present to ready
- Shoot 8 pairs from the ready
- Coaches to verify that finger is off the trigger at the ready
- No AADs yet
- Unload at end of drill

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**

- Feet and shoulders bladed at 30 – 35 degrees
- Eyes and ears
- Support hand on stomach prior to presenting
- **During Exercise:**
  - Smooth presentation to the ready
  - Briskly present from ready to target
  - Gently press trigger for a perfect controlled pair
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

3:25 – 3:40 **Repeat at 7m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

3:40 – 3:50 **Lecture/Demo:** After Action Drills

- As opponent falls, weapon is lowered to the ready (follow your adversary down to the ground, the weapon points in the direction of the adversary)
- As the weapon is lowered, MOVE! (1 symbolic step on the range, simulating movement to cover and concealment)
- Quick check, left and right (only the head moves)
- Final check of the adversary (1 – 2 seconds)
- Slow scan left and right, the head and weapon move together like the turret of a tank. Take a look at your weapon during the scan to make sure it has not malfunctioned.

3:50 – 4:05 **Dry Practice:** After Action Drills

- By the commands
  - Point In (present from holster to target, finger on trigger when pointed in)
  - Press (dry press)
  - Finger straight
  - Follow your adversary down to the ready and MOVE! (dictate which way to step)
  - Quick check
  - Final Check – one one-thousand, two one-thousand
  - Scan, two targets left, two targets right like the turret of a tank
  - Reset actions
  - Safety on or de-cock
  - Back to the holster
  - Repeat 2 -3 times by the command

- On the “go” command
  - Students present, press, and perform AADs.
  - Maintain situational awareness so you do not step on your neighbor
  - Repeat a total of 5 times, including those iterations done by the commands.

4:05 – 4:20    **3m Firing Drill**

- Controlled pairs from the ready
- Present to ready
- Shoot 5 pairs from the ready
- Coaches to verify that finger is off the trigger at the ready
- Talk students through AADs
- Unload at end of drill

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Smooth presentation to the ready
  - Briskly present from ready to target
  - Gently press trigger for a perfect controlled pair
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

4:20 – 4:35    **Repeat at 5m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

4:35 – 4:50    **Repeat at 7m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

4:50 – 5:00    **Closing Comments**

- **RM! GET OFF THE RANGE BY 5:00! NO EXCEPTIONS!**
- **Conduct Administrative Unload – DO A HEADCOUNT TO INSURE ALL STUDENTS UNLOAD. Preface the Unload with this script: "I know some of you have CCW's and will want to load your weapons after you are dismissed from class. If that applies to you, please wait**



**until you are OFF Front Sight property. It is our intent to have you leave Front Sight unloaded."**

- Well done both as shooters and coaches
- Significant improvement on everyone's part
- Any questions about what we learned today or why we do it?
- How are we going to improve? Dry Practice.
- Review dry practice rules for the entire class
- Do NOT dry practice unless you have read the procedures and are prepared to follow them exactly.
- What to dry practice? Everything, even if only pantomime.
- We will know if you dry practiced. More importantly, you will know if you dry practiced. You will be at that next level, whatever that is for you.
- Practice perfectly. Practice crap = crap master
- ND discussion, some will say sooner or later you will have a ND...BS!
- Industry examples of ND's
- Students need approximately 200 rounds for tomorrow
- Keep your guns clean and properly lubed. A dirty gun or one that does not have enough lubricant will start to malfunction. If you are frustrated because your gun is giving you problems, your attention will be on the gun and not learning the techniques, so keep your guns running.
- We will start on the range at 8:00 tomorrow morning. Dry practice is available on the range at 7:40. BE ON TIME!
- Staff to verify with the Pro Shop what to do with rental guns and program guns, students should retain their gear
- You have a lecture in the classroom at 5:15 called **Moral and Ethical Decisions Relating to the Use of Deadly Force**. Students new to Front Sight and those who are attending CCW must attend the lecture.
- **Reminder: The speed limit on property is 10 m.p.h.**

5:15 – 6:00 **Classroom Lecture: Moral and Ethical Decisions Relating to the Use of Deadly Force**

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**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**  
**Student Coach Format**

**DAY TWO**

- 7:45 Rangemaster check condition of range, assign instructional blocks as appropriate.
- 7:55 Roll call, report any no-shows to the Operations Manager
- 8:00 – 8:05 **Lecture:** Improving Your Coaching Skill
- Here are a “Pearls of Wisdom” to help make you better coaches
  - Communication is the key to success
    - Make sure your shooting partner can hear you but don’t dominate the entire line
    - Compliment at least as much as you correct
    - If your partner is doing a good job, tell them!
  - Coach only the appropriate material
    - Don’t coach “trigger reset” if we are working on “grip and stance”
    - Don’t inundate your partner with 10 different items at once. This leads to overwhelming the person.
  - If you are not completely certain about a technique, ask as staff member
  - Take responsibility for the coaching you have received
    - Don’t wait to be corrected by your partner
    - Correct YOURSELF as much as possible
  - Keep your coaching FUN and light-hearted
- 8:05 – 8:15 **Lecture/Demo:** Tactical Reload
- 8:15 Switch shooting buddies
- Everyone pick a new partner before starting the exercise
  - If you are hell-bent on keeping your current partner, you may keep that person
  - Introduce yourselves
- 8:15 – 8:25 **Dry Practice:** Tactical Reload
- Tactical reload with real guns
    - One relay at a time
    - Instructors behind the line
    - Student presents to the ready
    - Tactical reload with weapons, two times by commands, two times on the “go” command.

### **Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Make sure there is a magazine in the belt pouch
  - Open support hand to receive depleted magazine
  - Put old magazine in a pocket
  - Index and insert a fresh magazine
  - Support hand back on the gun at the ready
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

8:25 Reprimand for tardy students (only if you have late students)

8:25 – 8:30 **Lecture:** Malfunctions Preamble

- Define jams vs. malfunctions
- You will not always fire at the end of a malfunction clearance as shooting is an intellectual decision not a reflexive action. Weapons manipulation is reflexive, shooting is not.
- Students should be starting AAD's immediately upon completion of malfunction clearance, not waiting for instructor's command
- Note: When setting up for malfunctions clearances, the range commands should be: "Range is clear, present to ready, unload and setup a 'x' malfunction."

8:30 – 8:35 **Lecture/Demo:** Type 1 Malfunction

- Failure to fire
- Tap, rack-flip
- Emphasize keeping the weapon high to save time and keep your eye on the opponent

8:35 – 8:50 **Dry Practice:** Type 1 Malfunction

- Twice by the numbers
- Twice on the "go" command
- Finish at the ready with AAD's, no shooting
- Coaches verify the finger is off the trigger at the ready and during the clearance.

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Press trigger, get a click
  - Trigger finger straight
  - Tap, rack-flip
  - Finish pointed in, finger on trigger ready to shoot
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

8:50 – 8:55 **Lecture/Demo:** Type 2 Malfunction

- Failure to eject
- Finger straight, move while looking to diagnose malfunction
- Keep weapon high, tap, rack-flip
- Glock shooters trip triggers as part of the setup

8:55 – 9:10 **Dry Practice:** Type 2 Malfunction

- Twice by the numbers
- Twice on the “go” command
- Finish at the ready with AAD's and no shooting

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Press trigger, dead trigger
  - Trigger finger straight, look and move
  - Tap, rack-flip
  - Finish pointed in, finger on trigger ready to shoot
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
- **At Completion of Exercise:**

- Unload
- Support hand on midsection prior to holstering
- Do not cover yourselves when holstering
- Pause at Close Contact when holstering
- Holster with eyes downrange
- Weapon completely holstered before turning around

9:10 – 9:20 **Lecture/Demo:** Type 3 Malfunction (Standard method with stripping)

- Double feed, feed-way stoppage
- Dead trigger, finger straight, look and move, check for a spare magazine, lock the slide to the rear, strip the magazine from the gun to the ground, rack-rack-rack, insert a new magazine, and rack
- Finish pointed in, finger on trigger ready to shoot
- Finish at the ready, with AAD's and no shooting
- Glocks trip triggers as part of the setup

9:20 – 9:40 **Dry Practice:** Type 3 Malfunction

- Twice by the numbers
- Twice on the “go” command
- Finish at the ready, with AAD's, no shooting
- Coaches verify the finger is straight during the clearance and at the ready

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Press trigger, dead trigger
  - Trigger finger straight
  - Look, move, check, lock, strip, rack-rack-rack, insert, and rack
  - Finish pointed in, finger on trigger ready to shoot
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

9:40 – 9:45 **Lecture/Demo:** Type 3 Malfunction (with retention)

- Retain if you have no spare magazine
- We will not practice this on the range

- 9:45 **Lecture:** Malfunctions from this Point On
- For the rest of this course (including the Skills Test), you will use the basic method of Type 3 (stripping the magazine from the weapon).
  - From this point forward, students are expected to clear their malfunctions
  - Malfunctions are on the 4 Day Handgun Skills Test

- 9:45 – 10:05 **Dry Practice:** Presentation from the Holster
- We are going to start shooting from the holster
  - We need to warm you up
  - No concealment, get jackets out of the way
  - From holster to target, take a press, finish with AAD's
  - On the "go" command

**RM NOTE: There is plenty of time in this exercise to insure each student gets individual attention from you and your staff.**

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Rapid count 1, support hand to the midsection
  - Smooth presentation to the target
  - Perfect dry press
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

10:05 – 10:20 3m **Firing Drill**

- Controlled pairs from the holster
- Shoot 5 pairs
- Called Tactical Reloads
- Coaches verify that the finger is off the trigger prior to reholstering
- Unload at end of drill

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees

- Eyes and ears
- Support hand on stomach prior to presenting
- **During Exercise:**
  - Rapid count 1, support hand to the midsection
  - Smooth presentation to the target
  - Proper trigger control
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
  - Read targets to correct technique problems
  - Hand-span groups
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

10:20 – 10:35 **Repeat at 5m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

10:35 – 10:50 **Repeat at 7m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

10:50 – 11:05 **Repeat at 10m**

**Instructors/Coaches Watch For: SAME AS ABOVE**

11:05 – 11:10 **Lecture/Demo: Emergency Reload**

- Keep weapon high
- Look and move
- Don't drop depleted magazine until certain you have a spare
- Preferable to use firing side thumb, then support side, last option is racking slide
- Techniques for magazines which won't drop out of weapon
- Technique for revolvers
- Not necessarily shooting after emergency reload, just like malfunction clearances
- Glock shooters trip triggers in setup

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
  - Make sure you have an empty magazine, one full one

- **During Exercise:**
  - Press trigger, dead trigger
  - Trigger finger straight
  - Look and move, keep weapon high
  - Secure fresh magazine, drop depleted one
  - Insert new magazine
  - Drop slide
  - Finish pointed in, finger on trigger ready to shoot
  - Finish at the ready, with AAD's and no shooting
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

11:10 – 11:30 **Dry Practice:** Emergency Reload

- Twice by the numbers
- Twice on the “go” command

11:30 – 11:35 **Lecture/Demo:** Speed Reload

- Last of four reloads
- Limited tactical niche, usually multiple targets at the ready during AAD's
- Keep eyes downrange
- No dry practice, speed reload is a subset of the emergency reload

11:35 – 11:45 **Lecture/Demo:** Failure to Stop

- Fired a controlled pair to thoracic cavity
- Adversary is still standing and still a threat
- Four possible causes
  - Body armor
  - Drugs
  - Dedicated opponent
  - Misses/lack of penetration
- Three possible solutions
  - More of the same to thoracic cavity
  - Pelvic shot
  - CNS
- Dispel the first two
- Target is cranio-ocular cavity
- Must pause before you shoot to guarantee the three secrets, relax your grip slightly
- If you miss shot, repeat. Plan A, Plan B, there is no Plan C



- Describe how it will be done on the range
  - Designated FTS
    - Shoot a controlled pair
    - As you start down to the ready, you assume the adversary remains standing and remains a threat
    - Student then takes a head shot
    - After the head shot, move again and complete AAD's
  - Semi-surprise Basis, "HEAD!"
    - Shoot a controlled pair
    - Move and begin AAD's
    - Staff members will yell "Head!" signifying a FTS
    - Student then delivers a head shot
    - After head shot, move again and complete AAD's

11:45 – 11:50 **DEMO:** Failure to Stop

- Designated FTS
- Semi-surprise – called "HEAD!"
- Total of two pairs and two head shots

11:50 – 12:05 3m **Firing Drill**

- Designated FTS
- Complete 5 times (total of 5 pairs, 5 heads)
- Static targets

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Hand-span groups
  - Shooting more ammo, so think about tactical reloads every time
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

12:05 – 12:20 5m **Firing Drill**

- Static targets, no time pressure
- Controlled pair to center of thoracic cavity
- Occasional called head shots to simulate FTS
- Perform 5 times

**Instructors/Coaches Watch For: SAME AS ABOVE**

*(If time permits):*

12:20 – 12:25 7m **Firing Drill**

- **Repeat above exercise**

12:25 – 12:30 **Closing Comments**

- Peaks and valleys of performance
- Students new to Front Sight, and return students who are attending CCW **MUST** be in the classroom immediately after lunch for a lecture: **Problems 2 and 3: Criminal and Civil Liability**
- Return students who are not taking CCW and who have heard the lectures in the last six months are welcome on range \_\_\_\_\_ at 1:30 for supervised additional practice.
- Lunches can be picked up at \_\_\_\_\_
- Students should be aware of the front gate schedule: Closes at 8:30 a.m., opens at 12:00 p.m., closes at 2:00 p.m., opens at 5:00 p.m.
- Dismissed for lunch

12:30 – 1:30 **Lunch**

1:30 – 2:15 **Classroom Lecture: Problems 2 and 3, Criminal and Civil Liability**

2:15 – 2:30 Break and travel time to ranges

*Instructor Outline*  
**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**  
**Student Coach Format**

**INSTRUCTORS HANG PHOTO TARGETS BEFORE CLASS RESUMES!**

- 2:30            Switch shooting buddies
- Everyone pick a new partner before starting the exercise
  - If you are hell-bent on keeping your current partner, you may keep that person
  - Introduce yourselves
- 2:30 – 2:40    **Lecture/Demo:** Photographic Targets
- Different sizes of targets, just like real life
  - Center of mass changes as target angle changes
  - Not necessarily aiming at second button of adversary's shirt
  - What if adversary's arm is in the way of the thoracic cavity? Shoot as usual, penetration will allow good hits. Also, 2<sup>nd</sup> shot is unlikely to hit arm.
  - What if adversary's weapon is in the way of the thoracic cavity? Shoot as usual, penetration and disabled weapon are likely
  - Who would talk to some of these targets?
  - Action vs. Reaction demonstration
  - You may choose to talk, but realize you are giving up some advantage to your adversary
- 2:40            **Lecture:** Time Pressure
- **Leave photo targets up**
  - We are now adding time pressure
  - We will use a buzzer to administer the prescribed time. The first beep is your indication to present your weapon and engage the target. The goal is to guarantee your hits on the target before the end of the second beep.
  - Reason for time pressure: that is reality on the street, balance speed and accuracy
  - Your adversary isn't going to stand there all day waiting to get shot
  - The times we are using now are much longer than the times on the Skills Test you will be taking tomorrow afternoon
  - Get you hits as fast as you can, but get HITS!
  - We will be making the times tougher later today and certainly tomorrow.

2:40 – 2:50 3m **Firing Drill**

- Controlled pair from the holster
- Total of 5 pairs, occasional head shots
- 2.5 seconds on static targets
- **AT THE END OF THE FIRING DRILL, HAVE THE STUDENTS HOLSTER A LOADED WEAPON AND THEN GO ON TO THE NEXT LECTURE.**

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Proper clearances
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

2:50 **Lecture:** Range is Hot

- The proper way to carry a handgun is loaded
- We are now switching to a hot range
- The only place the weapon leaves the holster is on the firing line and then only at the direction of an instructor
- If you have a depleted magazine in your weapon, leave it there
- Next time up on the line perform a tactical reload when you receive the “Firing Drill” command

2:50 – 3:00 5m **Firing Drill**

- Controlled pairs from the holster
- Total of 5 pairs, occasional head shots
- 2.7 seconds on static targets

**Instructors/Coaches Watch For: SAME AS ABOVE**3:00 – 3:10 7m **Firing Drill**

- Controlled pairs from the holster
- Total of 5 pairs, occasional heads

- 3.0 seconds on static targets

**Instructors/Coaches Watch For: SAME AS ABOVE**

3:10 – 3:20 **10m Firing Drill**

- Controlled pairs from the holster
- Total of 5 pairs, occasional heads
- 3.3 seconds on static targets

**Instructors/Coaches Watch For: SAME AS ABOVE**

**INSTRUCTORS HANG GRAY TARGETS**

3:20 – 3:25 **Lecture: Challenge Exercise**

- Purpose is to practice using verbal challenges as a threat escalates
- On “challenge” command, both hands out in front of body in universal “stop” signal, yell “Stop right there!”
- Hold challenge position
- If command of “present” is given, go to count 1 and present to the ready yelling “stop or I will shoot you!”
- If the target becomes a threat, deliver a controlled pair to the thoracic cavity.
- No “fire” command is used – on the street no one will yell “fire” for you.
- Pay attention to your surroundings

3:25 – 3:45 **5m Firing Drill, Verbal Challenge**

- Targets static
- On “Challenge!” command:
  - Students leave weapon holstered and issue first verbal warning of “Stop right there!”
- On “Present!” command:
  - Students present to ready, issuing final verbal warning of “Stop or I will shoot you!”
- When the commands make the students believe the threat has gone from imminent to immediate, students deliver a controlled pair from the ready
- Total of 5 pairs with occasional called head shots
- No time pressure
- **NO MORE VERBAL “WARNINGS” AFTER THIS EXERCISE!**

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting

- **During Exercise:**
  - Both hands out in front on “challenge”
  - Both hands move to count one on “present”
  - Brisk presentations
  - Proper clearances
  - Finish at the ready, with AAD’s
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

3:45 – 3:55 7m **Firing Drill** Trigger Reset Drill

- Three times on the commands of the RM
- Twice on a “fire” command
- Total of five pairs

3:55 – 4:05 **Lecture/Demo:** Designated Headshots

- Applications
  - Hostage situation, can’t risk a FTS
  - Only shot available
  - Obvious body armor
- Present rapidly
- Pause when on target, relax, guarantee the three secrets
- If poor hit, take it again

4:05 – 4:25 3m **Dry Practice:** Designated Headshots

- Several times on a two count
  - Point in, front sight, slack out
  - Press (followed by proper AAD’s)
- Then several times on the go command
- No time pressure
- First relay will do the exercise dry, then live, before switching relays

#### **Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Pause to guarantee three secrets

- Finish at the ready, with AAD's
- Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

### 3m **Firing Drill:** Designated Headshots

- Single shot to the head from the holster
- No time pressure
- Perform 5 times
- First relay performs the exercise dry, then live, before switching relays

### 4:25 - 4:35 5m **Firing Drill:** Designated Headshots

- Single shot to the head from the holster
- Perform 5 times
- No time pressure

### 4:35 – 4:45 7m **Firing Drill:** Designated Headshots

- Single shot to the head from the holster
- Perform 5 times, no time pressure

### 4:45 – 5:00 **Closing Comments**

- **Conduct Administrative Unload – DO A HEADCOUNT TO INSURE ALL STUDENTS UNLOAD. Preface the Unload with this script: "I know some of you have CCW's and will want to load your weapons after you are dismissed from class. If that applies to you, please wait until you are OFF Front Sight property. It is our intent to have you leave Front Sight unloaded."**
- Significant improvement on everyone's part
- Any questions about what we learned today or why we do it?
- You will need approximately 200 rounds of ammunition for tomorrow. Bring your concealment garment with you to the range in the morning
- **Class starts at 8:00 on the range.**
- Dry practice is available in the morning at 7:40 on the range.
- Staff to verify with Pro Shop what to do with rental and program guns
- Lecture in the classroom immediately after dismissal on **Tactics**
- Dismissed from the range

5:00 – 5:15 Break and travel time to the classroom

### 5:15 – 6:00 **Classroom Lecture: Tactics**

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***Instructor Outline***  
**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**  
**Student Coach Format**

**DAY THREE**

- 7:45 Rangemaster check the condition of the range, assign instructional blocks as appropriate.
- 8:00 – 8:05 **Lecture: Principles of Tactical Movement**
- Review topics from the tactics lecture relating to movement
    - Standard ready position
    - Step and trail regardless of moving to left or right
    - Gun stays down at the ready
    - Slight lean, not over-exaggerated
    - Point in when the decision to fire has been made
    - Techniques that are specific to doors, hallways, etc., leave until the doors to cover.
- 8:05 – 8:15 **Dry Practice: Tactical Movement**
- From the ready, students will practice the step and trail movement
  - Two or three times by the numbers, twice on the “go” command
  - Make certain students understand the gun stays at the ready to maintain field of view and that they must point in only when they have identified a valid target.
  - Small steps – no large foot movements
  - Slight lean at the waist toward the direction of travel – no extreme leans
  - Repeat exercise for both relays.
- 8:15 – 8:25 Break and travel time to Monster’s Inc.
- 8:25 – 9:10 **Dry Practice: Tactical movement with red guns**
- Students broken up into even groups
  - Instructors take students through corner, door, and T on same prop
  - Student stays with the same instructor for all three
  - Student will do 4 things
    - One corner
    - One door
    - Two T intersections (one each direction)
  - Once completed with all tactical moves, the first 5 students from each door prop go to the tactics bays. Remaining students return to their respective ranges.



8:40 Staff assigned to tactics bays leave Monster's Inc. and begin running students through live fire tactics bay and house clearing exercise.

9:10 Staff return to ranges

#### **RM NOTES:**

- Students left on the range will rotate through the exercises below
- Tactical exercises take 8 minutes each. 8 minutes X 20 students per bay = 160 minutes.
- Verify your staff is running on time! Don't wait until it's too late!

9:10 – 11:55 Range Exercises

- Alternate through these exercises repeatedly so every student gets every exercise!

9:10 Switch shooting buddies

- Everyone pick a new partner before starting the exercise
- If you are hell-bent on keeping your current partner, you may keep that person
- Introduce yourselves

#### **5m Dry Practice: Designated Headshot**

- Several times on a 2 count
  - Point in, front sight, slack out
  - Press, followed by AAD's, tactical reload
- Then several times on a "go" command

#### **Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Pause to guarantee three secrets and a perfect press
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

**5m Firing Drill: Designated Headshots**

- Single shot to the head from the holster
- No time pressure
- Perform 5 times

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Pause to guarantee three secrets
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

**7m Firing Drill: Designated Headshot**

- Single shot to the head from the holster
- No time pressure
- Perform 5 times

**Instructors/Coaches Watch For:**

- Same as above

**3-15m Firing Drill**

- Controlled pairs under time pressure
- Static targets
- Get your hits as fast as you can, but guarantee your hits
- Bring lots of ammo in your pockets
- 1x each

<b>Distance</b>	<b>Ready</b>	<b>Holster</b>
3m	1.5 seconds	2.5 seconds (+ heads)
5m	1.7 seconds	2.8 seconds (+ heads)
7m	2.0 seconds	3.0 seconds (+ heads)
10m	3.0 seconds	4.0 seconds (+ heads)
15m	3.5 seconds	4.5 seconds

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Proper trigger control
  - Hand-span groups
  - Lots of tactical reloads
  - Perfect headshots
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

**Dry Practice: Malfunctions and Reloads**

- Perform twice each
- No shooting
- Type 1: 1.4 sec., Type 2: 1.6 sec., Type 3: 6.5 sec., Tactical Reload: 4.5 sec., Emergency Reload: 2.4 sec.

**3-15m Dry Practice Drill**

- Single dry press from the holster
- Under time pressure on static targets
- Alternately from the ready and the holster

<b>Distance</b>	<b>Ready</b>	<b>Holster</b>
3m	1.5 seconds	2.5 seconds (+ heads)
7m	2.0 seconds	3.0 seconds (+ heads)
10m	3.0 seconds	4.0 seconds (+ heads)
15m	3.5 seconds	4.5 seconds

**7m Firing Drill: Failure to Stop**

- 3.0 seconds on static targets
- Two shots, followed by failure to stop, untimed
- Perform 5 times

**5m Firing Drill: Designated Headshots**

- 2.5 seconds on static targets

- Single shot to the head from the holster
- Perform 5 times

7m **Firing Drill:** Designated Headshots

- 3.0 seconds on static targets
- Single shot to the head from the holster
- Perform 5 times

**RM NOTE: All students should be back from the tactics simulators. All students need to hear the next lecture.**

11:55 – 12:00 **Lecture:** Tactical Scenarios Debrief

12:00 – 12:05 **Lecture/Demo:** Three Ways to Speed Up

- Rapid presentation
- Flash sight picture
- Compressed surprise break
- Demonstration
  - 5m
  - Place a back 1” X 1” square in the center of the target
  - Use sight props to demonstrate maximum sight misalignment
  - Instructor shoots four shots (high, low, left, right) using maximum error discussed above

12:05 – 12:25 **Firing Drill:** Range exercises, 1x each

<b>Range</b>	<b>Ready</b>	<b>Holster</b>
3m		1.8 seconds
3m Head		2.0 seconds
5m	1.4 seconds	2.0 seconds
5m Head		1.9 seconds
7m		2.1 seconds
7m Head		2.3 seconds
10m		2.6 seconds
15m		2.9 seconds

**(If time permits)**

10m **Firing Drill:** Trigger Reset Drill

- Three times on the commands of the RM
- Twice on a “fire” command
- Total of 5 pairs

**(If time permits)**

**Lecture:** “Put it all together drill” on paper

- Reason is to test the three secrets

- Entire relay is on the line, shooting one at a time with an instructor
- Coaches standby and listen
- Present to ready, load, and holster
- On the “fire” command, student will present and fire a controlled pair
- If the pair is too slow or includes a peripheral hit, call a head shot
- Move, AAD’s, tactical reload, and holster
- Each student performs the exercise twice

### 7m **Firing Drill:** Put It All Together Drill

12:25 – 12:30 **Lecture:** Closing Comments

- We don’t want to make you good, we want to make you perfect
- We will keep working with you until you tell us that you are as good as you want to be
- At 12:45 in the classroom there will be a supplemental lecture: **How to Select a Defensive Handgun, Practical Rifle, Tactical Shotgun, and Weapon Modifications**
- Students released from lunch and instructed to be in the classroom at 12:45 sharp
- Bring your concealment garment with you when you come back to the range
- Feel free to eat your lunch in the classroom
- Clear for the break

12:30 – 1:30 Lunch

12:45 – 1:15 **Classroom Lecture:** **How to Select a Defensive Handgun, Tactical Rifle, Tactical Shotgun, and Weapons Modifications**

1:15 – 1:30 Travel time to ranges

1:30 – 1:55 **Lecture/Demo:** Presentation from Concealment

- Methods of carry
  - OWB holster
  - IWB holster
  - SOB holster
  - Shoulder holster
  - Cross-draw holster
  - Ankle holster
  - No holster
  - Fanny packs
  - Purses
  - Briefcases and day planners
  - Thunderwear
- Best to conceal the holster and weapon you are used to using

- Open front
  - Sweep with firing side hand, support hand to midsection
  - Weight in firing side pocket
  - To access magazines, sweep with support hand
- Holstering
  - Most perilous of entire procedure
  - With support hand, push garment out of way
  - Firing side arm keeps the garment back while support hand moves to midsection
  - Close contact
  - Gently holster
  - If you feel any resistance, come back to the ready, fix problem, and start again
- Closed front
  - Both hands grasp hem of garment
  - Pull garment up, out, and across the body
  - Hold garment with support hand
  - Firing grip with firing side hand
  - To access magazines, slide thumb of support hand up under garment and lift
- Holstering
  - With support hand, lift garment, pull to high midsection and hold
  - Gently holster
- Possible ND if you force weapon into holster with garment or anything else in the way. DEMONSTRATE

### **Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes
  - Support hand on stomach prior to presenting
  - Instructors in front of line for count 1 – no students in front of line
- **During Exercise:**
  - Proper count 1
  - Proper technique
  - Brisk presentations
  - Proper reholstering technique
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

- 1:55 Switch shooting buddies
- Everyone pick a new partner before starting the exercise
  - If you are hell-bent on keeping your current partner, you may keep that person
  - Introduce yourselves
- 1:55 – 2:15 7m **Dry Practice:** Presentation from Concealment
- Count 1 several times with instructors in front of line
  - Then entire presentation on the “go” command
  - Practice tactical reloads to get support hand used to working with concealment
- 2:15 – 2:25 3m **Firing Drill**
- No time pressure, static targets
  - Controlled pairs from concealment
  - Occasional called head shots and tactical reloads
  - Total of five pairs
  - Make certain students are holstering safely

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Proper technique for use of concealment
  - Brisk presentations
  - Hand-span groups
  - Perfect head shots
  - Finish at the ready, with AAD’s and tactical reloads
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Range is hot!
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

- 2:25 – 2:35 5m **Firing Drill**
- Repeat above exercise

- 2:35 – 2:45 7m **Firing Drill**

- Repeat above exercise

2:45 – 2:55 10m **Firing Drill**

- Repeat above exercise

2:55 – 3:05 15m **Firing Drill**

- Repeat above exercise

3:05 **Lecture:** Adding Time Pressure

- Controlled pairs under time pressure on static targets
- Alternately from the ready and the holster
- We will use a buzzer to indicate the prescribed time
- Reason for time pressure: reality on the street, stress
- Get hits as fast as you can, but get HITS!

3:05 – 3:20 **Firing Drill:** 1x Each

<b>Range</b>	<b>Ready</b>	<b>Holster</b>
3m		2.1 seconds
3m Head		2.1 seconds
5m	1.6 seconds	2.3 seconds
5m Head		2.3 seconds
7m		2.6 seconds
7m Head		2.6 seconds
10m		2.9 seconds
10m Head		3.2 seconds
15m		3.4 seconds

#### **Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Hand-span groups
  - Perfect head shots
  - Lots of tactical reloads
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering



- Holster with eyes downrange
- Weapon completely holstered before turning around

3:20 – 3:35 **Repeat Above Drill with 2<sup>nd</sup> Relay**

3:35 – 3:50 7m **Firing Drill: Failure to Stop**

- Perform twice (total of 6 shots)
- 2.6 seconds on static targets, followed by untimed head shot

3:50 – 4:05 5m **Firing Drill: Designated Headshots**

- 2.2 seconds on static targets
- Single shot
- Perform 5 times

4:05 – 4:20 7m **Firing Drill: Designated Headshots**

- 2.6 seconds on static targets
- Single shot
- Perform 5 times

4:20 – 4:25 **Lecture: One Ragged Hole**

- Test the three secrets
- No time pressure
- 2 black squares (2 sets), one on each side of the head serves as aiming point
- 5 live, 5 dry, 5 live
- Put first 5 rounds through the same hole on the left side
- Next, 5 perfect dry presses at the square on the right side, get perfect presses – front sight should not move when trigger breaks
- Last 5 rounds through same hole on the right side
- Don't change your point of aim
- Don't hurry – take your time, rest between shots

4:25 – 4:45 5m **Firing Drill: One Ragged Hole**

- 5 live, 5 dry, 5 live

**(If time permits)**

**Dry Practice: Malfunctions and Reloads**

4:55 – 5:00 **Lecture: Closing Comments**

- **Conduct Administrative Unload – DO A HEADCOUNT TO INSURE ALL STUDENTS UNLOAD. Preface the Unload with this script: "I know some of you have CCW's and will want to load your weapons after you are dismissed from class. If that applies to you, please wait**

**until you are OFF Front Sight property. It is our intent to have you leave Front Sight unloaded."**

- Significant improvement on everyone's part
- Bring concealment garment tomorrow
- Shooting from concealment all day tomorrow, including the skills test.
- How many of you are police officers? (If no cops, end of discussion)
  - For cops, concealing a Level III retention holster makes no sense
  - We recommend you wear your off-duty concealment holster tomorrow because it is more appropriate for concealment
  - By practicing with your concealment holster tomorrow, you get the benefit of training with your duty gear and your concealment gear
  - If you insist on wearing duty gear under concealment, you may, but it will be difficult to make the concealment times
- You will need approximately 200 rounds of ammunition for tomorrow
- Range activities start at 8:00 on the range. Dry practice is available on the range at 7:40.
- Class dismissed

***Instructor Outline***  
**Defensive Handgun Course, 4 Day**  
**MORNING SIMULATORS**  
**Student Coach Format**

**DAY FOUR**

- 7:45 Rangemaster check condition of range, make sure you have adequate supplies for the entire day. Make sure your man-on-man steel is painted and that you have extra paint, targets, etc.
- 8:00 Roll call, report any no-shows to the Operations Manager
- 8:05 **Lecture:** Switch Shooting Buddies
- Everyone pick a new partner
  - Introduce yourselves
- 8:05 – 8:15 7m **Dry Practice:** Presentation from Concealment
- Presentations on the “go” command
  - Practice tactical reloads to get support hand used to concealment

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Perfect technique
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

- 8:15 – 8:30 3m **Firing Drill**
- Controlled pairs from concealment
  - 2.2 seconds, static targets
  - Occasional called head shots and tactical reloads
  - Total of 5 pairs

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Hand-span groups
  - Perfect head shots
  - Lots of tactical reloads
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Range is hot!
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

8:30      **Lecture:** Range is Hot

8:30 – 8:45      7m **Firing Drill**

- Repeat above exercise
- 2.5 seconds on static targets

8:45 – 9:00      10m **Firing Drill**

- Repeat above exercise
- 3.0 seconds on static targets

9:00 – 9:15      15m **Firing Drill**

- Repeat above exercise
- 3.5 seconds on static targets

9:15 – 9:50      7m **Firing Drill:** Malfunctions and Reloads with Shooting

- Use static targets
- “Point in...front sight...Ready....(Beep)”
- Student clears malfunction/reload
- Student fires controlled pair if the clearance is done prior to the second beep
- If student finished clearance after second beep, they finish with AAD's and remain at the ready
- Occasional called head shots
- Type 1 3.0 -3.5 seconds, Type 2 3.0 – 4.0 seconds, Type 3 10.0 – 15.0 seconds, Emergency Reload 5.0 – 10.0 seconds

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
  - Loaded magazines and spare ammo in the pockets
- **During Exercise:**
  - Brisk presentations
  - Proper clearances
  - Hand-span groups
  - Perfect head shots
  - Lots of tactical reloads
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

9:50 – 10:00 5m **Dry Practice:** Designated Headshots

- Single trigger press
- 2.0 seconds on static targets
- Perform 5 times

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Perfect trigger presses
  - Pantomime tactical reloads
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

10:00 – 10:10 5m **Firing Drill:** Designated Headshots

- Single shot to the head from the holster
- 2.0 seconds on static targets
- Perform 5 times

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Perfect head shots
  - Lots of tactical reloads
  - Finish at the ready, with AAD's
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

10:10 – 10:15 **Lecture/Demo:** Multiple Targets

- Likely you will encounter more than one adversary on the street
- Plan of attack changes, one round per adversary
- May not have enough time or ammunition to devote pairs to each adversary
- Final check changes to checking all adversaries
- If adversary not stopped, complete with a FTS drill (do not go back to the thoracic cavity)
- Move to a more advantageous position if possible as you see this situation developing (demonstrate with four students)
- We will be setting up the worst case scenario, if you can master this, you will perform well in any scenario
- Don't waste time between adversaries (such as dipping through ready)
- Use recoil to move to next target and reset trigger
- First shot generally sets precedent for subsequent shots. Make the first shot perfect
- Demonstrate on two, three, and four targets

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**

- Feet and shoulders bladed at 30 – 35 degrees
- Eyes and ears
- Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations
  - Hand-span groups
  - Perfect head shots
  - Proper movement between targets
  - Lots of tactical reloads
  - Finish at the ready, with AAD's, multiple final checks
  - Verify finger straight when at ready
- **At Completion of Exercise:**
  - Range is hot!
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

10:15 – 10:45 5m **Firing Drill:** Multiple Targets

- On static targets
- Five shooters on the line, each shooter lined up in front of a bank of four targets
- One shot to each of two targets
- One shot to each of three targets
- One shot to each of four targets
- No taping of targets
- Bring up next shooters
- Continue until each student has performed the exercise at least once
- If time permits, rotate through a second time
- Tape heads when finished

10:45 – 11:00 7m **Firing Drill:** Trigger Reset Drill

- Target area is the head box
- Three times on the commands of the RM
- Twice on a “fire” command
- Total of 5 pairs

11:00 – 11:05 **Lecture:** Man-On-Man Competition

- Some schools don't hold a man-on-man competition because they don't want to humiliate anyone
- Some schools hold man-on-man to find the best shooter in the class
- Reason we perform man-on-man is for heightened stress, everyone watching

- Scenario
  - Steel targets
  - Gray targets are hostages
  - Colored targets are adversaries
  - Your goal is to leave the hostage standing and knock down the adversaries
  - Targets will fall to any caliber here if properly hit
  - None will fall if hit too low
  - If target is still standing or teetering, take a second shot
- Running the Competition
  - No concealment garment
  - Single elimination
  - Hit the hostage and you're out, but keep fighting
  - Tactical reload at conclusion because you won't get the opportunity when you step up for another round
  - If you lose, help setup targets
  - Need volunteers at beginning because we have no "losers" yet
  - Keep eyes and ears on until exercise is completed
  - Roll call to be certain everyone is present and has a card made out

#### **Setup for Man-On-Man Competition (diagram on next page)**

- Paint: Hostages are gray, just like instructors, bad guys are colored, make it uniform and uncomplicated
- Start box: red H frame in center of course at 18m
- Hostages: 10m down range (on the 8m line) from start box, left and right hostages are 1m apart, use hostage-taker flipper targets behind the hostage steel
- Single adversary targets against the ties at targets 7, 10, 11, and 14. Arrange so like colors are on the outside, and like colors are on the inside immediately next to each other
- Range equipment: targets turned on edge or laid down to shield the turner equipment, control box off to the side, student chairs at least 5m behind start box line, extra gray and white paint to "reset" the hostage-taker target

#### **11:05 – 12:00 18m Firing Drill: Man-on-Man Competition**

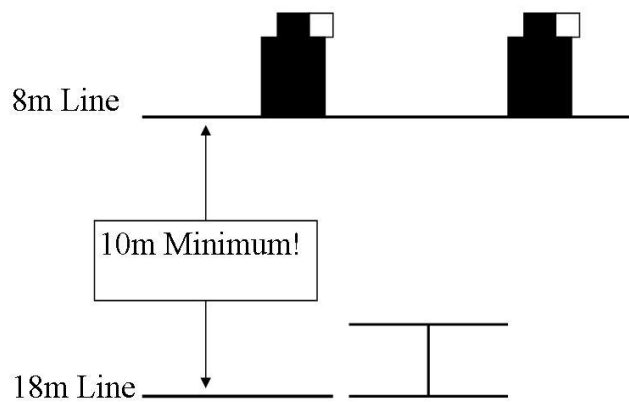
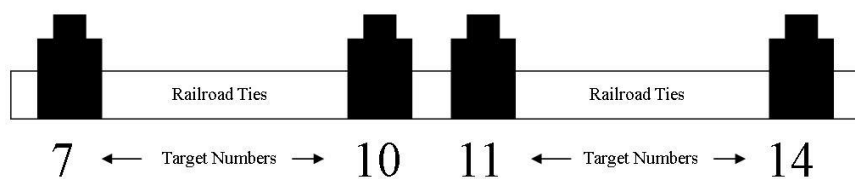
- Complete exercise until all but one are eliminated
- If all students self-eliminate, the competition is concluded
- If the competition goes until 12:05, end it, regardless of degree of completion, go on to the next drill
- Unload losers so they may freely leave the range to go to the brown room, etc.

#### **12:00 – 12:05 Lecture: One Ragged Hole**

- Test the three secrets
- No time pressure



## Man-on-Man Setup



RM NOTE: There must be AT LEAST 10m between the H frame and the hostage taker targets.

- Black squares are the aiming points
- 5 live, 5 dry, 5 live
- Don't change point of aim

12:05 – 12:25 5m **Firing Drill: One Ragged Hole**

- 5 live, 5 dry, 5 live

12:25 – 12:30 **Lecture: Closing Comments**

- Long afternoon ahead, don't burn out
- Go dry instead of live if you wish at any time
- Eat, drink, and relax at lunch
- You will need lots of energy this afternoon
- We will not be introducing anything new this afternoon
- If you rented a school weapon, bring the box with you this afternoon
- There will be a discussion in the \_\_\_\_\_ at 12:45, **Opportunity to Join the Front Sight Community.**
- Clear for the break

12:30 – 1:30 Lunch

12:45 – 1:15 **Classroom Discussion: Opportunity to Join the Front Sight Community**

1:30 – 1:35 Switch Shooting Buddies

- Everyone pick a new partner

1:35 – 1:45 3 – 15m **Firing Drill**

- From concealment
- Controlled pairs under time pressure on static targets
- Bring lots of ammo in your pockets
- 1X each

<b>Distance</b>	<b>Holster</b>
3m	1.8 seconds
5m	2.0 seconds
7m	2.1 seconds
10m	2.6 seconds
15m	2.9 seconds

**Instructors/Coaches Watch For:**

- **Prior to Range Beginning Exercise:**
  - Feet and shoulders bladed at 30 – 35 degrees
  - Eyes and ears
  - Support hand on stomach prior to presenting
- **During Exercise:**
  - Brisk presentations

- Hand-span groups
- Lots of tactical reloads
- Finish at the ready, with AAD's
- Verify finger straight when at ready
- **At Completion of Exercise:**
  - Unload
  - Support hand on midsection prior to holstering
  - Do not cover yourselves when holstering
  - Pause at Close Contact when holstering
  - Holster with eyes downrange
  - Weapon completely holstered before turning around

1:45 – 1:55 7m **Firing Drill:** Failure to Stop

- From concealment
- Controlled pair in 2.1 seconds
- Followed by untimed head shot
- Perform 4 times

1:55 – 2:05 5m **Firing Drill:** Designated Head Shots

- From concealment
- 1.9 seconds
- Perform 5 times

2:05 – 2:15 7m **Firing Drill:** Designated Head Shots

- From concealment
- 2.3 seconds
- Perform 5 times

2:15 – 2:20 **Lecture:** Skills Test Briefing

- Nothing new on the skills test
- From concealment, even malfunctions
- 25 shots total
- 5 points per shot, maximum of 125 points
- When controlled pair is called for, shots in the thoracic cavity are full value, shots in the periphery or head are 2 points (3 points down)
- When head shots are called for, shots in the head box are full value, shots in the periphery of the head are 2 points (down 3), shots outside the heavy black line of the head are complete misses (down 5)
- If a shot breaks the line, you get full value
- Shot must break inside the heavy border to receive credit
- You will have the opportunity to review our scoring before you tape
  - Once the tape is on, the score is permanent
- Scores
  - 90% or better (0-13 points down) is Distinguished Graduate

- 70 – 90% (14 – 38 points down) is Graduate
- Below 70% (39 down and above) is Certificate of Achievement
- Don't worry about keeping track of your score, concentrate on the three secrets
- Can't earn points in malfunctions, only lose them
- Malfunctions
  - No time pressure, so don't panic
  - Clear the malfunction and continue shooting
  - If you cleared the malfunction properly, you will not be penalized for being late. If you clear it improperly you will incur late penalties.
  - Emergency reloads are not a malfunction – they are a procedural
- Procedurals (dropping magazines during tactical reloads, emergency reloads during test) are a 3 point penalty. If you shoot after the second beep you will also be assessed a "late" penalty of 3 points
- How we will use student/coaches
  - During the shooting
    - Coaches will not be on the line with their partners. Staff will judge late penalties.
  - During Malfunctions and Reloads
    - You will watch for safety
    - You will help your partner setup the malfunctions
    - You will watch for your partner finishing late, or earning a procedural penalty by doing the clearance improperly
    - Raise your hand and an instructor will come by and record the penalty on the score sheet

#### 2:20 – 2:50 **Dry Practice: Skills Test**

- No better way to tune up than with dry practice
- From concealment
- Single press of the trigger
- One presentation from each distance along with description of how the drills are done during the test

<b>Range</b>	<b>Ready</b>	<b>Holster</b>
3m		1.8 sec.
5m	1.4 sec.	2.0 sec.
7m		2.1 sec.
10m		2.6 sec.
15m		2.9 sec.

#### 7m **Dry Practice: Failure to Stop**

- 2.1 sec. for one press to the thoracic cavity
- One untimed, called press to the head
- Perform twice

**5m Dry Practice: Designated Headshots**

- 1.9 sec. for one press to the head
- Perform 5 times

**7m Dry Practice: Designated Headshots**

- 2.3 sec. for one press to the head
- Perform 2 times

**(If time permits)****Dry Practice: Malfunctions and Reloads**

- Perform once each
- No shooting
- “Point in...front sight...ready...beep!
- Tactical reload, 4.5 sec. autos, 7.0 sec. revolvers
- Type 1 1.4 sec.
- Type 2 1.6 sec.
- Type 3 6.5 sec.
- Emergency Reload: 2.4 sec., autos, 7.0 sec. revolvers

2:50 – 4:25

**Firing Drill: Skills Test**

- Roll call
- Establish relays alphabetically
- From concealment
- Controlled pairs
- Score targets, place total points down in upper left hand corner, then students tape targets. **(DO NOT write late penalties on the target)**

<b>Range</b>	<b>Ready</b>	<b>Holster</b>
3m		1.8 sec.
5m	1.4 sec.	2.0 sec.
7m		2.1 sec.
10m		2.6 sec.
15m		2.9 sec.

- Score and tape

**7m Firing Drill: Failure to Stop**

- 2.1 seconds
- Two shots, followed by an untimed, **called** head shot
- Perform twice, total of six shots
- Score and tape

**5m Firing Drill: Designated Headshots**

- 1.9 seconds
- Single shot
- Perform 5 times

7m **Firing Drill:** Designate Headshots

- 2.3 seconds
  - Single shot
  - Perform 2 times
  - Score, no taping
- Hang fresh targets and repeat shooting portion of test for second relay

**Dry Practice:** Malfunctions and Reloads

- Perform twice each
- No shooting
- “Point in...front sight...ready...beep!”
- Tactical reload: 4.5 sec. autos, 7.0 sec. revolvers
- Type 1: 1.4 sec
- Type 2: 1.6 sec.
- Type 3: 6.5 sec.
- Emergency Reload: 2.4 sec. autos, 7.0 sec. revolvers

4:25 – 4:30 **Lecture:** Hostage Heads

- Let’s end on a challenging and fun exercise
- This will send you home with the best trigger control possible
- (Display target)
- Center image is loved one
- Outside targets are bad guys...hostage takers
- We will “Personalize” your target by writing the name of a loved one on your target
- We don’t want to get names like “Hillary Clinton” just so you can assassinate the hostage!
- This will be from the holster, present rapidly
- Target is very small, shoot slowly and carefully
- NO TIME LIMIT
- We will do this dry first, and then live on each side.
- You will shoot a total of three shots on each side
- If you miss a shot, take it again...don’t quit!!!

4:30 – 4:50 **5m Firing Drill:** Hostage Heads

- First relay on the line
- Staff get name of loved one
- Write that name in center of white hostage image

- Use Sharpie, 1" letters so student can easily read the name
- Actual shooting
  - From concealed holster
  - Dry practice 5 times on left side
  - Shoot left side first
  - Three individual shots
  - Switch to right side
  - Dry practice as above
  - Three individual shots
  - Tactical reload and holster
- For 2nd relay, either hang fresh targets or completely mark-out the name
- Write new name ABOVE the old name, not below
- Students may keep targets if they wish

4:50 – 5:00 **Lecture:** Closing Comments

- **Conduct Administrative Unload – DO A HEADCOUNT TO INSURE ALL STUDENTS UNLOAD. Preface the Unload with this script: "I know some of you have CCW's and will want to load your weapons after you are dismissed from class. If that applies to you, please wait until you are OFF Front Sight property. It is our intent to have you leave Front Sight unloaded."**
- We're done!
- Excellent job all around
- If you have ammunition in your pockets, get rid of it before you get to the airport. TSA frowns upon trying to board a plane with ammo in your pockets.
- If you have a program gun or a rental gun, turn it in at \_\_\_\_\_. Gear boxes need to be returned to the Pro Shop.
- Distribute email critique sheet to class
- Distribute certificates to class
- Deliver Closing First Family sales script to class
- CCW students need to be at the classroom Tues. morning by 7:45. The gate opens at 7:30. They should be dressed with one gun on, and any second gun in their range bag. They must have their driver's license. They need 30 rounds of ammunition for each gun they intend to shoot for Nevada qualification. Everyone shoots at least one gun, whether or not they intend to apply for a Nevada permit.
- Class dismissed

**Attention RM: Return this curriculum in its entirety to the Operations Manager at the conclusion of the course.**